

FACIAL STIMULATION

Developmental Correction



Stroke, very gently at first, then with deeper pressure:

- Under the chin
- Under the cheeks
- Over the eyes.
- Over the lips and the area just around them.

Also wash the face, first with a warm face washer, then with a cold one.

Do this a few minutes at a time, two or three times a day.

Facial Stimulation

- Assists in desensitising the facial nerves
- Matures the suck and rooting reflexes